

# NATIONAL SCHOOL MEALS WEEK 2019

## FUELLED BY SCHOOL FOOD

### MONDAY 11TH NOVEMBER 2019 - BIG BREAKFAST

#### MENU

Big Breakfast Pick & Mix  
Fruity Flapjack with Fruit Wedges or Fresh Fruit

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### TUESDAY 12TH NOVEMBER 2019 - ROAST DINNER DAY

#### MENU

Yorkshire Pudding filled with Chicken & Leek Casserole  
or Roast Beef with Yorkshire Pudding  
Boiled Potatoes  
Green Cabbage & Carrot Batons  
Apple Crumble & Custard or Fresh Fruit

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### WEDNESDAY 13TH NOVEMBER 2019 - SCHOOL MEAL FAVOURITES

#### MENU

Mangalore Malabar Curry or Kashmir Rogan Josh  
Rice or Sauté Potatoes  
Green Beans & Cauliflower  
Chocolate Cake & Custard

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### THURSDAY 14TH NOVEMBER 2019 - ITALIAN FLAVOURS

#### MENU

Tuna & Sweetcorn Melts  
or Meatballs in Tomato Sauce with Garlic Bread  
Pasta or Jacket Potato  
Broccoli & Sweetcorn or Salad Selection  
Banana Brownie or Fresh Fruit

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### FRIDAY 15TH NOVEMBER 2019 - FISH & CHIP FRIDAY

#### MENU

Jumbo Fish Fingers or Hunters Chicken  
Chipped Potatoes or Jacket Potato  
Garden Peas & Golden Sweetcorn or Salad Selection  
Fresh Fruit Salad or Banoffee Cupcake