



Ysgol Gyfun Gymraeg Llanwynnwd

Llangynwyd
Maesteg
PEN-Y-BONT AR OGWR
CF34 9RW

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Ffacs/Fax: 01656 815701
E-bost/email: post.ygglangynwyd@bridgend.gov.uk
Trydar/Twitter: @ygglangynwyd1

Pennaeth/Headteacher: Mr M Jones BEng (Hons), NPQH

26ain o Chwefror, 2016

Taith Rygbi 7 bob ochr Blwyddyn 7- New Hall 7s

Annwyl Riant/Warchodwr,

Diolch am gadarnhau bod eich plentyn yn dod ar y daith i New Hall 7s y penwythnos yma. Hoffwn gadarnhau'r trefniadau isod gyda chi. **Gofynnwn i chi lenwi'r daflen feddygol a'i dychwelyd yn ôl i'r ysgol erbyn Dydd Mercher y 2^{il} o Fawrth.**

Dydd Gwener, 4ydd o Fawrth

4-4.30pm Gadael YGG Llangynwyd i Lundain (Gall disgyblion ddod â'u bagiau ar y bws ysgol yn y bore neu gall rhieni ddod â'u bagiau i'r ysgol wedi 3.45pm ar ôl i fysiau'r ysgol adael y safle).

8-10pm Cyrraedd y gwesty- Premier Inn (Boreham, Chelmsford)
Trefnu ystafelloedd. Cyfarfod tîm. Amser gwely.

Dydd Sadwrn, 5^{ed} o Fawrth

7.30am: Deffro, cawod a pharatoi i adael y gwesty; Cael brecwast yn y gwesty;

8.30am: Gadael y gwesty i ymweld ag archfarchnad i brynu bwyd ar gyfer y dydd.

9:15am: Cofrestru timoedd.

10:00am: Gemau cyntaf o'r twrnamaint;

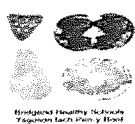
3:00pm: Gemau Rowndiau terfynol;

4:00pm: Gadael y twrnamaint i ddychwelyd nôl i'r ysgol;

8.00-9pm (Amser amcangyfrifedig): Dychwelyd yn ol i YGG Llangynwyd. Mi fydd disgyblion yn cysylltu gyda rhieni i gadarnhau amser pan gyn gadael gwasanaethau Reading.

Restr Pacio

- **Bocs bwyd** - ar gyfer y daith o Langynwyd i Lundain.
- **Dillad i deithio ynddo** - Mi fydd gofyn i'r disgyblion ddod i'r ysgol yn eu gwisg ysgol ond bydd caniatâd iddynt newid mewn i ddillad teithio cyn gadael yr ysgol.
- **Pethau ymolchi** - brws a phast dannedd, shower gel/siampw ayyb.
- **Bag Cit** - Mi fydd angen i bob disgybl dod a sanau du, siorts du **plaen** a chrys rygbi gwyrdd yr ysgol- ynghyd gydag unrhyw bethau ychwanegol e.e. penwsg, mouth guard ayyb.





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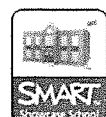
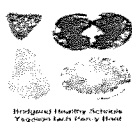
- **Côt law a thracwisg du**
- **Crys-t sbâr a hoodie** - i gadw'n gynnes rhwng gemau.
- **Tywel** - ar gyfer cawod cyn dychwelyd i Llangynwyd.
- **Dillad i newid iddo ar gyfer y daith yn ôl** (neu'r un dillad a deithiwyd ynddo i Lundain)
- **Arian poced** - Mi fydd angen i'r disgyblion brynu bwyd ei hunain bore Sadwrn, ac rydym yn eu cynghori i fwyta'n ysgafn! Bydd hefyd angen prynu bwyd am y prynhawn, felly awgrymaf dim mwy na £20 yr un. Cyfrifoldeb y disgyblion bydd yr arian yma yn ystod y daith.
- **Ffon Symudol/ Offer electronig**- Mi fydd hawl i'r disgyblion ddod a ffôn symudol ar y daith. Mi fydd angen i bob disgybl ddilyn polisi'r ysgol gan fynd ar ffôn i'r swyddfa peth cyntaf yn y bore a'i nôl ar ddiwedd y dydd cyn gadael. Mi fydd Mr Tudur yn gwirio hyn yn ystod y dydd.

Rhif Ffôn argyfwng: Mi fydd Mr Tudur yn cario ffôn symudol yr ysgol a bydd yn cael ei defnyddio ar gyfer achosion argyfwng brys. Rhif y ffôn yma yw **07917272673**

Yr eiddoch yn gywir,

Mr Owain Tudur
Athro Addysg Gorfforol

Mr Meurig Jones
Dirprwy Bennaeth





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26th of February, 2016

Year 7 7 a side Rugby Trip- New Hall 7s

Dear Parent / Guardian,

Thank you for confirming your child's place on the trip to New Hall 7s this weekend. I would like to confirm the arrangements below. **Please would you complete the medical form attached and return to school by Wednesday the 2nd of March.**

Trip Itinerary

Friday, 4th of March

4-4.30pm Leave YGG Llangynwyd (Pupils may bring their bags on the school bus, or parents can bring their bags up to the school after 3.40pm).

8-10pm: Arrive at the Hotel. Arrange room list. Team meeting. Bedtime.

Saturday, 5th of March

7.30am: Wake up, shower, prepare to leave the hotel; Breakfast at the hotel;

8.30am: Leave the hotel to go to the supermarket to buy food for the day.

9.15am: Arrive at the tournament for registration;

10.00am: First game of the tournament;

3.00pm: Tournament Finals;

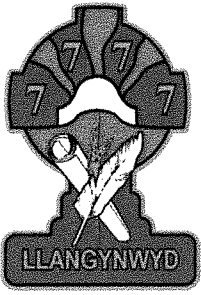
4.00pm: Leave the Tournament to Head back to YGG Llangynwyd;

8-9.00pm (Estimated time): Arrive back at YGG Llangynwyd. Pupils will be contacting parents when leaving Reading to provide a more accurate estimated time of arrival.

Packing List

Your child will need:

- **Lunch Box** - Food for the trip from Llangynwyd to Chelmsford.
- **Travel clothes** - Pupils will be asked to wear their school uniform during the day but will be allowed to change into comfortable clothes to travel to London.
- **Toiletries** - tooth brush and paste, shower gel/shampoo for the stay in the hotel.



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- **Kit bag-** Pupils will need their playing boots, black socks, **plain** black shorts and their school green rugby top. As well as any additional kit they wear- head guard, mouth guard etc.
- **Rain coat and black track suit bottoms.**
- **A spare tee shirt and hoodie-** to keep warm in between matches.
- **Towel -** for post tournament shower.
- **A change of clothes for the trip back -** or the same clothes as they travelled down in!
- **Pocket Money -** Pupils will need to buy food on Saturday morning for breakfast, they will be advised to eat 'light' and also buy food for the afternoon ahead- I would suggest that £20 would be sufficient for each pupil. It will be your child's responsibility to look after the money during the trip.
- **Mobile Phone/ Other electronic devices-** The pupils will be allowed to bring their mobile phones on the rugby trip. However it is expected for them to follow the schools policy by handing in the phone to reception at the start of the school day and retrieve it at the end of the day. Mr Tudur will be checking this.

Emergency number: Mr Tudur will have the PE department mobile on him at all times during the trip in case of emergencies. This number is: **07917272673**

Yours sincerely,

Mr Owain Tudur
Physical Education Department

Mr Meurig Jones
Deputy Head Teacher

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Taith Rygbi 2016

Enw: _____ Dyddiad Geni: _____

Cyfeiriad: _____

Meddyg Teulu: _____

Cyfeiriad a Rhif Ffon: _____

Dyddiad pigiad gwrth-tetanus diwethaf: _____

Ydi'r disgybl yn dioddef oddi wrth unrhyw afiechyd sy'n galw am sylw arbennig e.e. y fogfedd, epilepsi, clefyd siwgr, alergedd i benisilin, bwydydd arbennig, plaster ac ati? Ydi / Nac ydi

Os ydi, rhowch fanylion llawn (Gwybodaeth gyfrinachol ar gyfer staff).

Fe ddigwydd weithiau fod angen triniaeth lawfeddygol. Beth bynnag fo'r achos, fe fydd y staff yn ceisio cysylltu â'r rhieni, fel y gallant roi caniatâd i'r driniaeth. Pan ddigwydd ei bod yn amhosibl cysylltu â'r rhieni neu fod unrhyw reswm arall pam na ellir cysylltu â'r rhieni o fewn amser rhesymol gofynnir am ganiatâd i'r staff weithredu yn absenoldeb y rhieni a rhoi eu caniatâd i'r driniaeth angenrheidiol. Mae'n ddealliedig, wrth gwrs, na fydd yr arweinydd yn gweithredu ond mewn achos o raid. Os cytunwch a wnewch chi arwyddo'r caniatâd isod.

Pe digwyddai fod angen triniaeth lawfeddygol ar fy mab/merch _____ yn ystod y daith, ac nad oes modd cysylltu â'r rhieni o fewn amser rhesymol, rhoddir caniatâd i'r arweinydd awdurdodi y driniaeth angenrheidiol.

Ar ôl darllen y wybodaeth uchod rwy'n hapus i'm mab/merch fod yn rhan o'r weithgaredd uchod.

Arwyddwyd: _____

Perthynas i'r plentyn: _____

Rhif ffôn cartref: _____ Gwaith: _____

Enw, cyfeiriad, a rhif ffôn arall i gysylltu ag ef mewn argyfwng, ynghyd â pherthynas y person i'r plentyn, e.e. mamgu, ewythr.

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Rugby Trip 2016

Name: _____ DoB: _____ Address: _____

Family Doctor: _____

Address and contact details: _____

Date of last anti-tetanus injection: _____

Does your child suffer from any illness/allergy that calls for special medication or diet e.g. asthma, epilepsy, diabetes, allergy to penicillin, food additives, or plasters? Yes / No

If YES, please give precise details (confidential information for staff).

Occasionally surgical treatment becomes necessary. Whatever the cause, the staff will make every effort to contact the parents so that they can give their consent to whatever treatment may be necessary. Should this not be possible within a reasonable time for one reason or another, parents are asked to authorise the trip leader to act in their absence and to give consent to whatever treatment may be necessary. Even then, it is understood that the staff will only act in a case of emergency. If you agree to this you are asked to sign the following authorisation.

Should any surgical treatment be necessary in the case of my son/daughter _____ during the visit and should contact with parents not be possible within a reasonable time, the trip leader is hereby authorised to give permission for necessary treatment.

Having read the information above I am happy for my son/daughter to participate in the above activity.

Signature: _____

Relationship to child: _____

Telephone No Home: _____ Work: _____

Alternative name, address and telephone number to be contacted in an emergency and the relationship to the child e.g. grandmother, uncle.