



Ysgol Gyfun Gymraeg Llangynwyd

Llangynwyd
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Mawrth 2013

Annwyl Riant / Warcheidwad,

Dydd Mercher 13 Mawrth 2013 yw'r "Diwrnod Dim Ysmysgu" cenedlaethol. Yn ystod yr wythnos, bydd disgyblion yn ystyried yr ymgyrch peidio ag ysmysgu a gweithio ar weithgareddau mewn gwersi er mwyn eu hannog i beidio ag ysmysgu.

Hoffwn eich hysbysu o'r adnoddau sydd ar gael ar wefan "Dim Smygu Cymru" (www.dimsmygucymru.com) er mwyn rhoi stop i ysmysgu, rhag ofn eich bod chi neu rywun arall am roi cynnig ar hyn eleni.

A fyddai modd i chi drafod y pwnc hwn a'r peryglon o ysmysgu gyda'ch mab/merch gartref, os gwelwch yn dda?

Diolch am eich cydweithrediad,

March 2013

Dear Parent / Guardian,

Wednesday 13 March is the national "No Smoking Day". During the week, pupils will be considering the stop smoking campaign and working on activities in lessons in order to discourage people from smoking.

Could I draw your attention to the resources available on the "Stop Smoking Wales" website (www.stopsmokingwales.com), should you or anyone else want to try to give up this year?

Would you also be able to discuss this topic and the dangers of smoking with your son/daughter at home, please?

Thank you for your co-operation,

Mr C. E. Howard
Rheolwr Lles Disgyblion
Pupil Welfare Manager

Mrs N Hobday
Pennaeth Cynorthwyol
Assistant Headteacher

