



Llangynwyd
Maesteg
PEN-Y-BONT AR OGWR
CF34 9RW

Pennaeth/Headteacher: Mr M Jones BEng (Hons), NPQH

Ysgol Gyfun Gymraeg Llangynwyd

Ffôn/Phone: 01656 815700
Ffacs/Fax: 01656 815701
Ebost/email: post.ygglangynwyd@bridgend.gov.uk
Trydar/Twitter: @yggllangynwyd1

8th December 2015

Dear Parent/Guardian,

Foodbank Christmas Collection 14th – 17th of December 2015

Milk (UHT or powdered)
Sugar (500g)
Fruit juice (carton)
Soup
Pasta sauces
Sponge pudding (tinned)
Tomatoes (tinned)
Cereals
Rice pudding (tinned)
Tea bags/instant coffee
Instant mash potato
Rice/pasta
Tinned meat/fish
Tinned vegetables
Tinned fruit
Jam
Biscuits or snack bar

During the last week of term, pupils will have the opportunity to make donations to the local foodbank. A suggested donation of 3 items should be made, and in return, the pupils will be allowed to wear a Christmas jumper on Thursday 17th of December.

Please choose from this list.

Thank you in advance for your generosity, and we wish you a very merry Christmas.

Yours sincerely

Catrin Evans
Assistant Head

Non Lewis
Leader of Progress and Guidance KS4



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Rhagfyr 8^{ed} 2015

Annwyl Riant/Warcheidwad,

Casgliad Nadolig ar gyfer y Banc Bwyd
14^{ed} - 17^{ed} o Ragfyr

Yn ystod yr wythnos olaf, bydd cyfle gan y

disgyblion gyfrannu i'r banc bwyd lleol. Awgrymiad

y dylai pob disgybl gyfrannu 3 eitem, ac o ganlyniad

gallan niw wisgo siwmpwr Nadoligaidd ar ddydd

Iau 17eg o Ragfyr.

Dewiswch o'r rhestr hon os gwelwch yn dda.

Dolch o flaen llaw am eich haelioni, a Nadolig

llawen iawn i chi.

Yn gywir

Catrin Evans
Pennaeth Cynorthwyol

Non Lewis
Arweinydd Cymydd a Lles CA4

lloeth (LHT)

Siwage (500g)

Sudd ffrawythau (cawen)

Canm tun ac mewn pedyn

Saws Pasta

Pwddin reis/sbwng (tun)

Tomato tun

Grawnfwyd

Bajau te a chaffi

Taws tun/shwsh syth

Reis/Pasta

Cig/pysgodyn tun

Llysiau tun

Ffrwythau tun

Jam

Disgedi neu siodled

